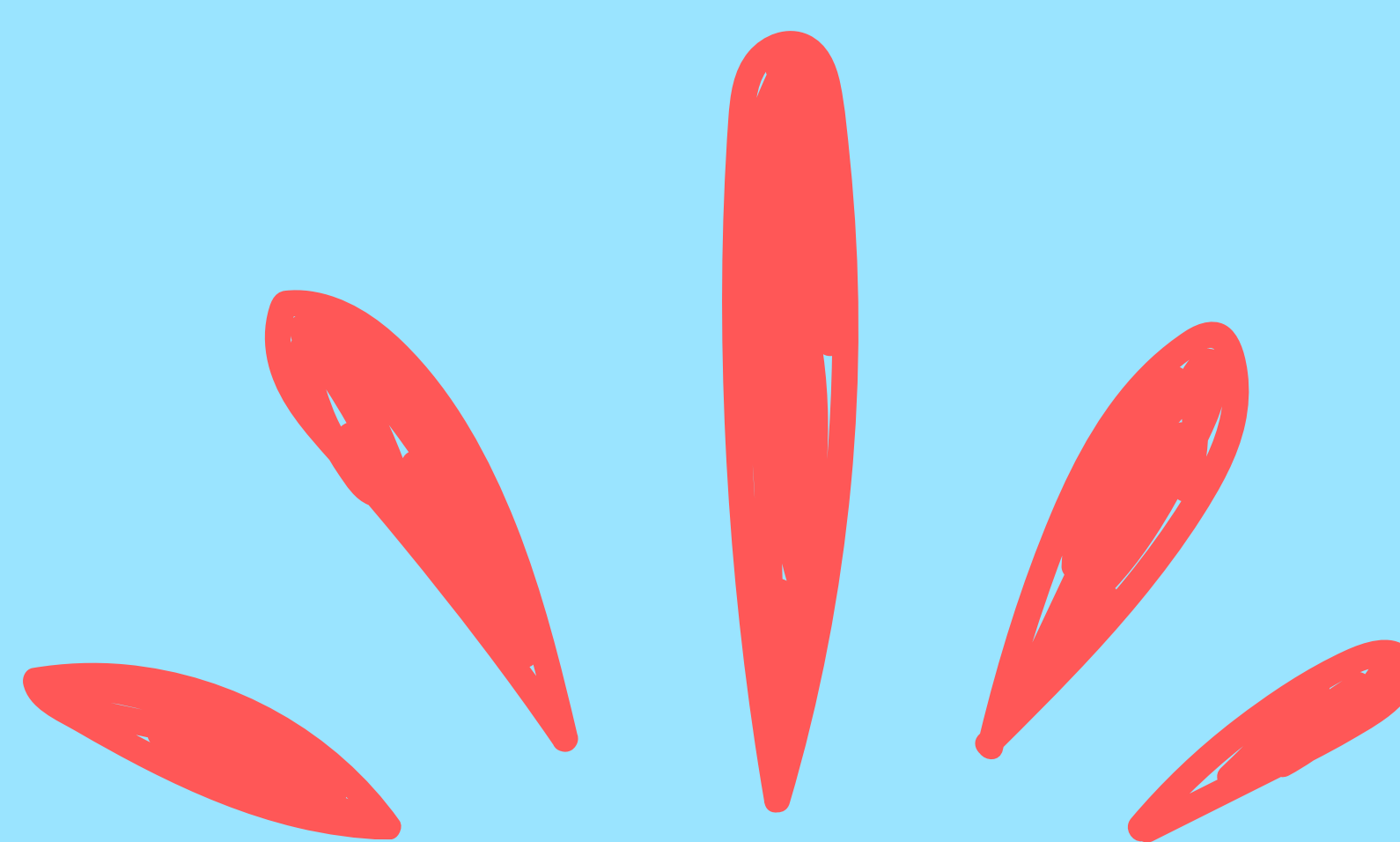
































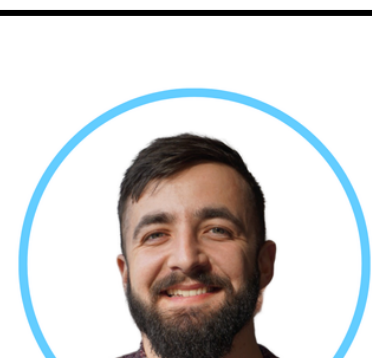
AGENDA

THURSDAY 26TH JUNE
BRIGHTON



NEUROFEST
NEUROFEST
NEUROFEST
2025

A learning festival that celebrates
the many aspects of neuro therapy






<div> <div>NEURFEST</div> <div>NEURFEST</div> <div>NEURFEST</div> </div>	MAIN STAGE	PALACE PIER	i360	THE LANES	PAVILLION
09.00	ARRIVAL - TEA & COFFEE				
09.30 - 10.15	<div>   </div> <div> NIKKI PENNY JASON PARKER </div>				
10.30 - 11.25	<div>  </div> <div>BOB WOOD</div>	<div>  </div> <div>BEN BEARE</div>	<div>   </div> <div> NATALIE OPOKU NIKKI PENNY </div>	<div>  </div> <div>NICOLA ADDISON-NEWLAND</div>	
11.30 - 12.25	<div>  </div> <div>HELEN WEAVER</div>	<div>  </div> <div>SUE ARMSTRONG</div>	<div>  </div> <div>FRAN BRANDER</div>	<div>  </div> <div>KITTY SUDDICK</div>	<div>  </div> <div>Q & A FABIENNE ANDRE</div>
12.30 - 13.30	<div>   </div> <div> KIERAN GREEN BOXING OLLIE LANSELL LITEGAIT </div>	LUNCH			
13.30 - 14.25	<div>   </div> <div> NATALIE OPOKU HELEN WEAVER </div>	<div>  </div> <div>BEN BEARE</div>	<div>  </div> <div>SUE ARMSTRONG</div>	<div>  </div> <div>NICOLA ADDISON-NEWLAND</div>	<div>  </div> <div>Q & A THE WONKY WOMEN</div>
14.30 - 15.25	<div>  </div> <div>BOB WOOD</div>	<div>  </div> <div>FRAN BRANDER</div>	<div>  </div> <div>NIKKI PENNY</div>	<div>  </div> <div>KITTY SUDDICK</div>	<div>  </div> <div>Q & A SUE ARMSTRONG</div>
15.30 - 16.25	<div>  </div> <div>HELEN WEAVER</div>	<div> <div>Q & A</div>   </div> <div> BEN BEARE FRAN BRANDER </div>	<div> <div>Q & A</div>   </div> <div> NIKKI PENNY BOB WOOD </div>	<div>  </div> <div>OLLIE LANSELL</div>	
16.30 - 17.00	END OF DAY NETWORKING				










<div>NEUROFEST NEUROFEST NEUROFEST</div>	MAIN STAGE		
09.00	ARRIVAL		
09.30 - 10.15	<div></div> <div>NIKKI PENNY</div>	<div></div> <div>JASON PARKER</div>	THE POWER OF RESILIENCE IN REHABILITATION - BUILDING A GOOD LIFE AFTER STROKE.
10.30 - 11.25	<div></div> <div>BOB WOOD</div>	CHALLENGING US TO THINK DIFFERENTLY ABOUT GAIT RE-EDUCATION. HAVE WE FOCUSED TOO MUCH ON THE FIRST STEP — AND FORGOTTEN ABOUT THE SECOND? EXPLORING LOWER LIMB CONTROL, HIP ROTATION, AND HOW THESE ELEMENTS SHAPE THE EARLY GAIT CYCLE IN NEUROLOGICAL REHAB.	
11.30 - 12.25	<div></div> <div>HELEN WEAVER</div>	BRINGING THE ENERGY! SHARING PASSION FOR EXERCISE CLASSES IN NEURO REHAB. FROM BUILDING STRENGTH AND CONFIDENCE TO CREATING A TEAM VIBE, HELEN TALKS ALL THINGS EXERCISE, MOVEMENT, AND MAKING NEURO PATIENTS FEEL LIKE NEURO ATHLETES.	
12.30 - 13.30	<div></div> <div>KIERAN GREEN</div>	BOXING DEMO	<div></div> <div>OLLIE LANSELL</div> <div>LITEGAIT DEMO - WITH THE CLINIC TEAM</div>
13.30 - 14.25	<div></div> <div>NATALIE OPOKU</div>	<div></div> <div>HELEN WEAVER</div>	EXERCISE PROGRAMMING — HOW TO PLAN IT, ADAPT IT, AND MAKE IT MEANINGFUL FOR THE PEOPLE YOU WORK WITH. PRACTICAL IDEAS, CLINICAL TIPS, AND WAYS TO KEEP EXERCISE BOTH EFFECTIVE AND PERSON-CENTRED.
14.30 - 15.25	<div></div> <div>BOB WOOD</div>	CHALLENGING US TO THINK DIFFERENTLY ABOUT GAIT RE-EDUCATION. HAVE WE FOCUSED TOO MUCH ON THE FIRST STEP — AND FORGOTTEN ABOUT THE SECOND? EXPLORING LOWER LIMB CONTROL, HIP ROTATION, AND HOW THESE ELEMENTS SHAPE THE EARLY GAIT CYCLE IN NEUROLOGICAL REHAB.	
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16.30 - 17.00	END OF DAY NETWORKING		








NEUROFEST
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PALACE PIER		
09.00	ARRIVAL	
10.30 - 11.25	<div><div>BEN BEARE</div></div>	THE JOURNEY OF WORKING WITH SHOULDER PAIN IN NEUROLOGICAL PATIENTS — THE THINGS THAT HELPED, THE THINGS THAT DIDN'T, AND THE LESSONS LEARNED ALONG THE WAY. AN HONEST REFLECTION ON CLINICAL UNCERTAINTY, MAKING MISTAKES, AND ALWAYS AIMING TO HELP PATIENTS FEEL MORE IN CONTROL OF THEIR OWN RECOVERY.
11.30 - 12.25	<div><div>SUE ARMSTRONG</div></div>	SHARING SIMPLE AND PRACTICAL WAYS TO UNDERSTAND AND IMPROVE MOVEMENT. LEARNING THE KEY FOUNDATIONS OF MOVEMENT CONTROL AND HOW TO USE THEM IN ANY SETTING.
12.30 - 13.30	LUNCH	
13.30 - 14.25	<div><div>BEN BEARE</div></div>	THE JOURNEY OF WORKING WITH SHOULDER PAIN IN NEUROLOGICAL PATIENTS — THE THINGS THAT HELPED, THE THINGS THAT DIDN'T, AND THE LESSONS LEARNED ALONG THE WAY. AN HONEST REFLECTION ON CLINICAL UNCERTAINTY, MAKING MISTAKES, AND ALWAYS AIMING TO HELP PATIENTS FEEL MORE IN CONTROL OF THEIR OWN RECOVERY.
14.30 - 15.25	<div><div>FRAN BRANDER</div></div>	SHARING LESSONS FROM OVER 10 YEARS RUNNING THE UPPER LIMB SERVICE AT QUEEN'S SQUARE. FROM HIGH-TECH RESOURCES TO NO-TECH CREATVITY. EXPLORING WHAT REALLY HELPS PATIENTS WITH THEIR UPPER LIMB RECOVERY — AND HOW WE CAN ALL MAKE A DIFFERENCE, WHATEVER SETTING WE WORK IN.
15.30 - 16.25	<div><div>BEN BEARE</div></div> <div><div>FRAN BRANDER</div></div>	QUESTION AND ANSWER







	i360		
09.00	ARRIVAL		
10.30 - 11.25	 NATALIE OPOKU	 NIKKI PENNY	EXERCISE PROGRAMMING — HOW TO PLAN IT, ADAPT IT, AND MAKE IT MEANINGFUL FOR THE PEOPLE YOU WORK WITH. PRACTICAL IDEAS, CLINICAL TIPS, AND WAYS TO KEEP EXERCISE BOTH EFFECTIVE AND PERSON-CENTRED.
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14.30 - 15.25	 NIKKI PENNY	SHARING HER EXPERIENCE SUPPORTING PEOPLE WITH MULTIPLE SYSTEM ATROPHY — EXPLORING THE CHALLENGE OF MOVING FROM FEELING STRONG AND CAPABLE IN THE GYM, TO MANAGING THE REALITIES OF LIFE AT HOME. A THOUGHTFUL LOOK AT WHAT REALLY MATTERS IN REHAB WHEN THINGS ARE CHANGING FAST.	
15.30 - 16.25	 NIKKI PENNY	 BOB WOOD	QUESTION AND ANSWER



<div>NEUROFEST NEUROFEST NEUROFEST</div>	THE LANES	
09.00	ARRIVAL	
10.30 - 11.25	<div></div> <div>NICOLA ADDISON-NEWLAND</div>	PROFILING - HELP UNDERSTAND AND MANAGE BEHAVIOURS, BOTH OF YOUR CLIENTS AND IN THE WORKPLACE THROUGH SIMPLE PERSONALITY PROFILING, WHICH WILL ENHANCE CONNECTEDNESS AND PERFORMANCE FOR ALL.
11.30 - 12.25	<div></div> <div>KITTY SUDDICK</div>	MEANINGFUL HUMAN JOURNEYING - WHAT EXPLORING THE LIVED WORLD OF THE STROKE UNIT CAN TELL US ABOUT OURSELVES AND PRACTICE.
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15.30 - 16.25	<div></div> <div>OLLIE LANSELL</div>	LITEGAIT CASE STUDY - WITH THE CLINIC TEAM



	PAVILLION
09.00	ARRIVAL
11.30 - 12.25	<div><div>QUESTION AND ANSWER</div><div>FABIENNE ANDRE</div></div>
12.30 - 13.30	LUNCH
13.30 - 14.25	<div><div>QUESTION AND ANSWER WITH DEBBIE, TINA & KIM - ASK THE CLIENTS THEMSELVES</div><div>THE WONKY WOMEN</div></div>
14.30 - 15.25	<div><div>QUESTION AND ANSWER</div><div>SUE ARMSTRONG</div></div>

